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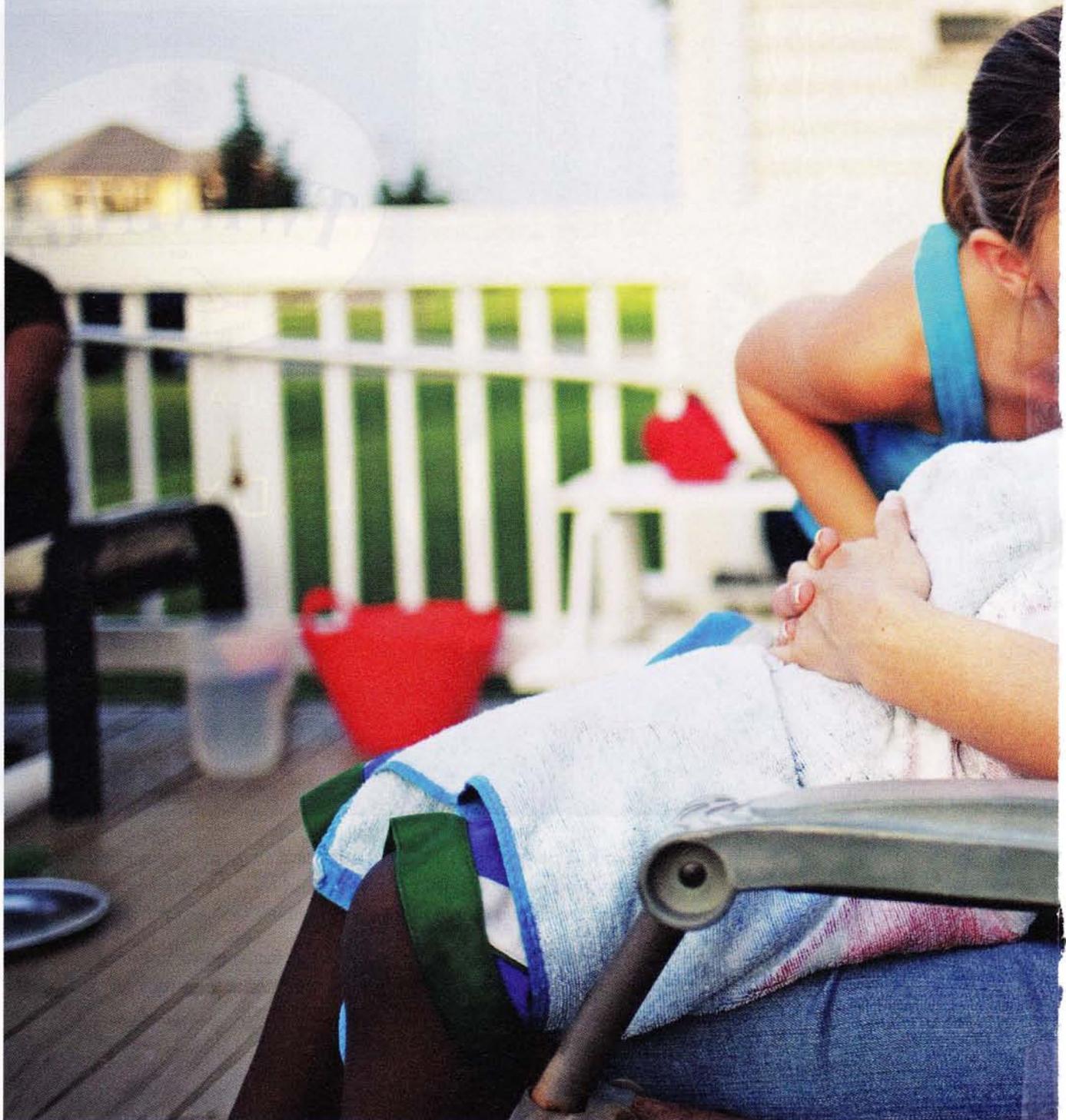
HEROES AMONG US  
The Twietmeyers help other adoptive families.

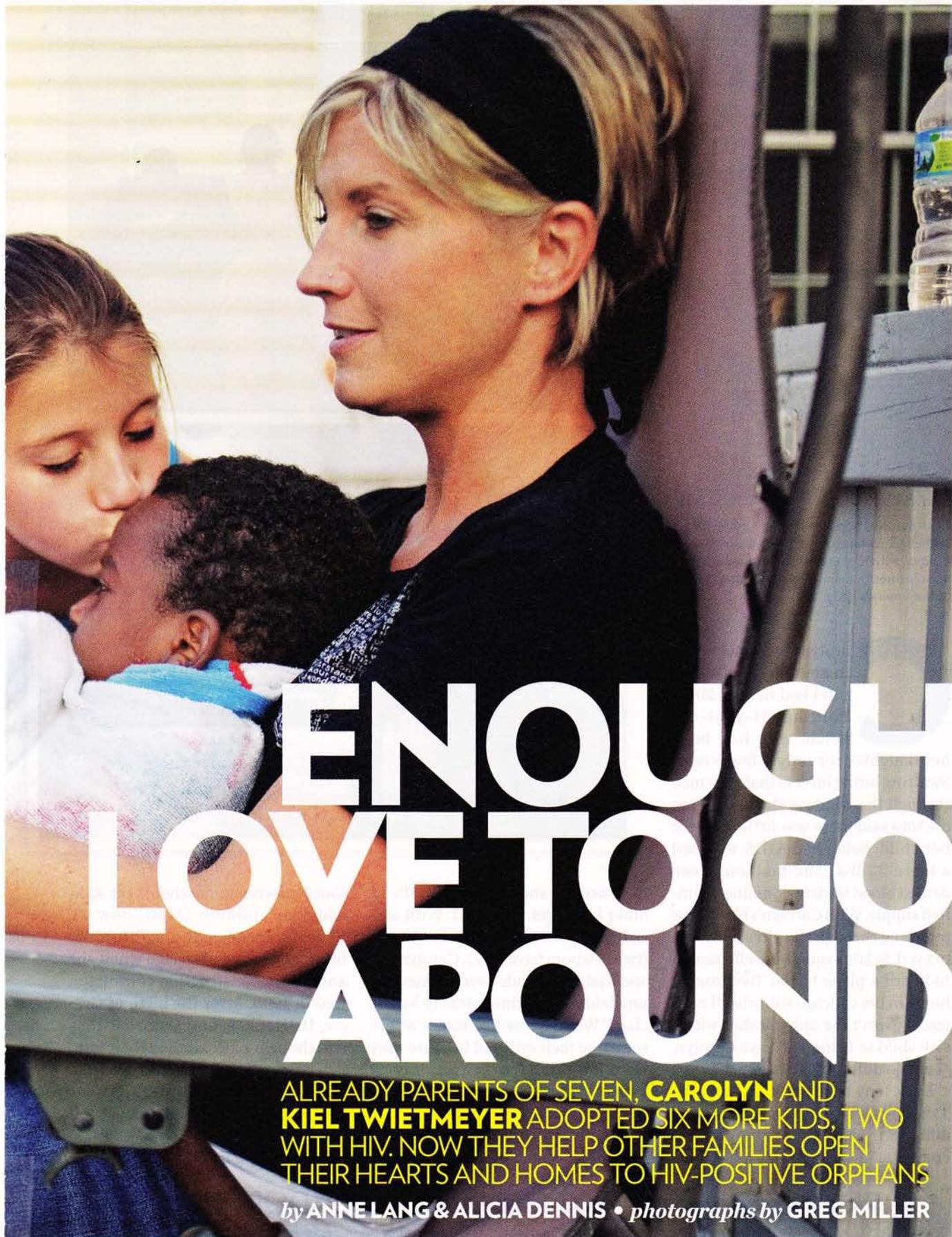


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## People | HEROES AMONG US

"Loving these children," says Carolyn Twietmeyer (at home with son Seth and daughter Gracie), "does, in fact, change the world."





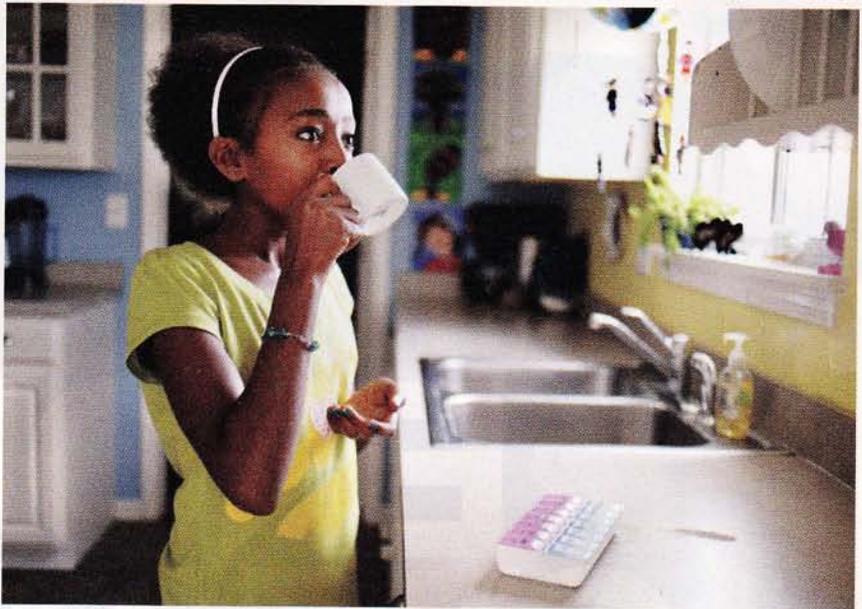
# ENOUGH LOVE TO GO AROUND

ALREADY PARENTS OF SEVEN, **CAROLYN** AND **KIEL TWIETMEYER** ADOPTED SIX MORE KIDS, TWO WITH HIV. NOW THEY HELP OTHER FAMILIES OPEN THEIR HEARTS AND HOMES TO HIV-POSITIVE ORPHANS

by ANNE LANG & ALICIA DENNIS • photographs by GREG MILLER



"The medical hope for children with HIV in the U.S. is miraculous," says Carolyn (above, with Kiel and the kids at a doctor's appointment). Selah (right, at home) takes antiretrovirals daily.



**C**arolyn Twietmeyer lay in an Addis Ababa hospital bed in July 2008, holding 11-year-old Selah, who had been her daughter for only a few weeks. Swatting biting insects that swarmed through the window, she listened as doctors said there was little hope for her child: Selah had AIDS, weighed a mere 32 lbs., and had long been denied blood transfusions due to limited supply. With Carolyn's blood now pumping through the girl's body, she prayed Selah would be well enough to board a plane to the Twietmeyer home in the Chicago suburbs. "I realized I wasn't the only mother with a sick child in Ethiopia," says Carolyn. "I am no different, just luckier."

Luck may have played a part, but Twietmeyer's determination made a difference in Selah's life—she's now an energetic 13-year-old—as it has done

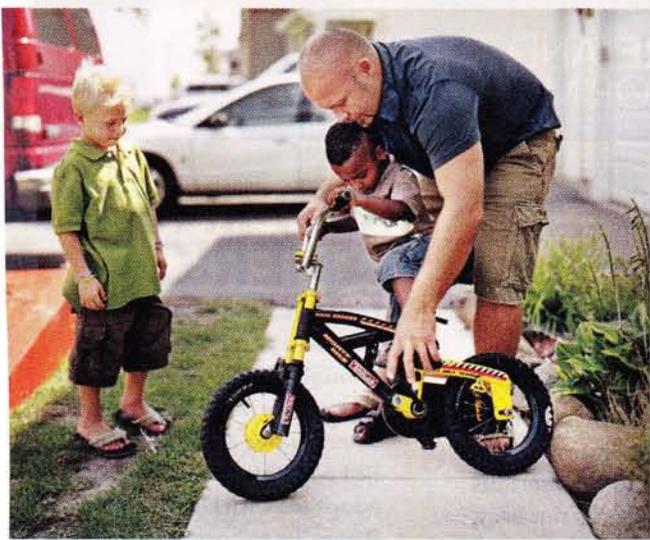
for Carolyn and husband Kiel's 12 other kids, ages four to 21. With seven biological children and six adopted (two of whom have HIV), Carolyn, 40, and Kiel, 35, preside over a somewhat unwieldy but demonstrably loving clan. "We've never had issues where someone feels entitled because they were here first," says Kiel. "Living with many brothers and sisters," says Andu, 18, "makes me happy."

The couple didn't always intend to have quite such a sprawling brood.

Carolyn, who homeschools the kids, had four children (Matt, now 21, Kylie, 18, Brendan, 16 and Ethan, 13) from a previous marriage when she and Kiel, a construction contractor, wed in 1998. After the birth of Gracie, 10, Hank, 8, and Danny, 6, they still thought of expanding their family—by adopting one needy child from somewhere. "We had seven kids I love dearly," says Kiel. "But I never felt completely fulfilled."

Carolyn had been drawn to Africa

**“PEOPLE SAY OUR KIDS ARE LUCKY WE ADOPTED THEM, BUT WE ARE THE LUCKY ONES” —CAROLYN TWIETMEYER**



"I want to go to Ethiopia and find homes for orphans," says Gracie (on floor, with sisters Sarah, Kylie and Rachel). Kiel (left, with Seth on bicycle as Danny looks on) says, "We remind the kids we are here for them, no matter what."

**“OUR KIDS ARE SO DIFFERENT FROM EACH OTHER YET SO BOUND”**

—KIEL TWIETMEYER

A year later she returned to Ethiopia, and brought home Selah, then 22 months later Selah's siblings Andu, 18, and Sarah, 15. "I was surprised because Selah was so tall," says Andu of their reunion in Chicago. "I was afraid she would die."

Complete at last, the whole family went through a period of adjustment. Teenagers Andu and Sarah, says Carolyn, "had not been parented for four years. They had been on their own, with basically no rules." For months Sam would wake in the night to stealthily eat all he could. "He still had that mentality of 'it might be a while before you eat again,'" says Kiel. The younger kids "get less time in our laps," says Carolyn. Kylie, who was 15 when the first three arrived, "definitely took on more responsibilities: meal preparation, household chores and reading to the younger ones," says her mom.

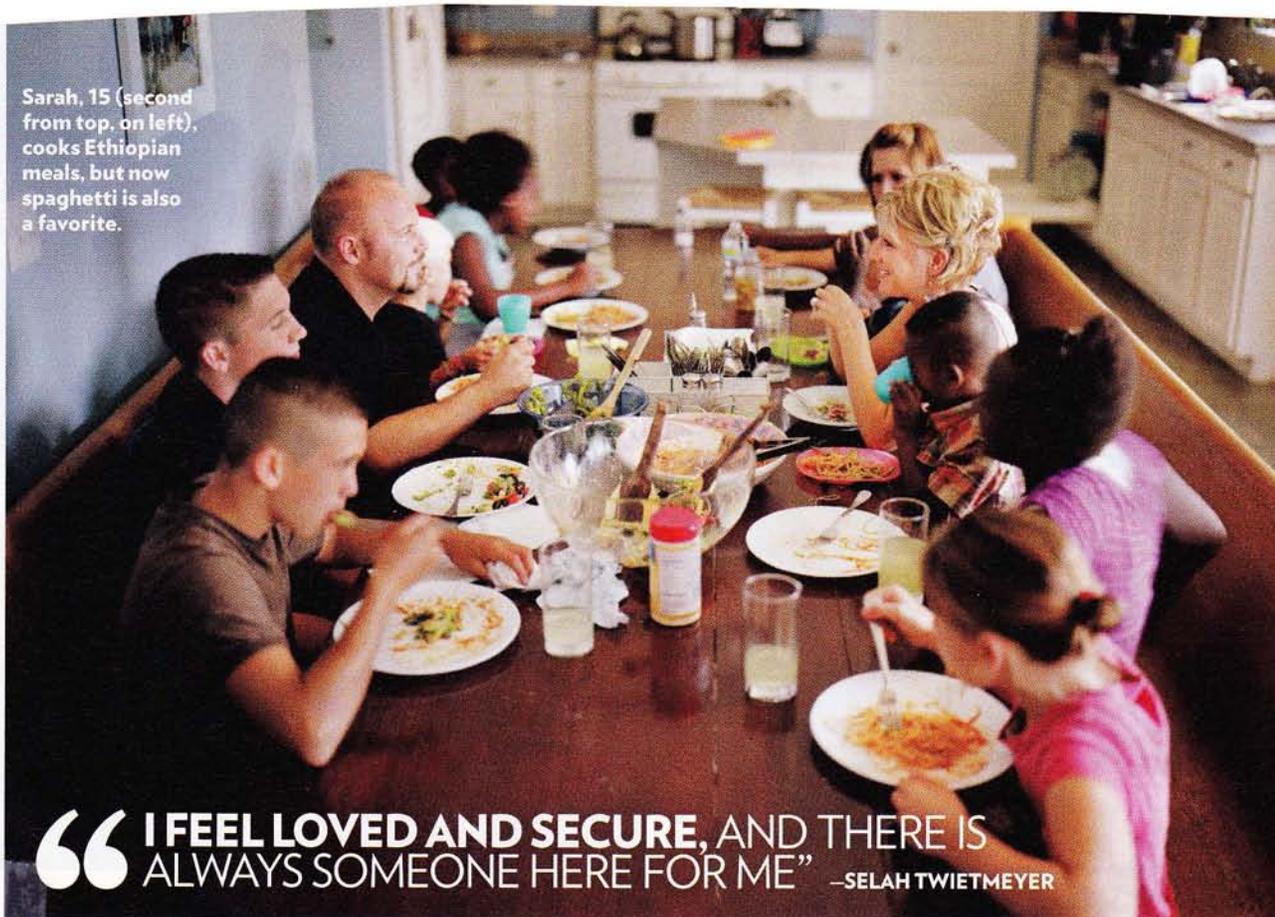
since seeing famine victims on TV as a child. When they looked into adopting there, she learned of the need for parents for orphans with HIV. "My first thought was, 'I am not going to endanger the rest of my family,'" she says. But with research she found that "HIV is much more manageable than I knew." Soon, she received photos of three Ethiopian siblings: Sam, now 8, who has HIV, Rachel, 15, and Seth, 4. Adopting Sam alone was an option, but, says Carolyn, "Siblings separated? I couldn't bear it. I just knew they all were going to be our kids."

Kiel was apprehensive: "I said,

'How can we push our budget that far?'" But two weeks later, moved by a Christmas song with the lyrics, "father of the fatherless," he came around. They took out a second mortgage and prepared their 3,160-sq.-ft. home by adding extra bedrooms.

They would need more. While at the orphanage to pick up their three children, Carolyn saw a girl who had just been taken from her home. This was Selah. "She was weeping, terrified," says Carolyn, who promised to find the girl an adoptive family. Back at home, "I had such a deep sadness, I could hardly function," says Carolyn.

Sarah, 15 (second from top, on left), cooks Ethiopian meals, but now spaghetti is also a favorite.



**“ I FEEL LOVED AND SECURE, AND THERE IS ALWAYS SOMEONE HERE FOR ME ”** —SELAH TWIETMEYER

But what they all gave up in undivided attention, they more than got back in joyful togetherness. “I showed Andu how to swim,” Ethan, 13, says proudly. “And he thought *Avatar* was awesome. It feels like my adopted brothers and sisters have always been here.”

Today Sam is medication-free; Selah takes antiretroviral medication daily. “Both are improving dramatically,” says their physician Dr. Kenneth Alexander, chief of pediatric infectious diseases at the University of Chicago Medical Center. “That is due to better medical care, but also the nutrition and love they are getting in the Twietmeyer house.” Selah now hopes to be a doctor. “I tell people not to be afraid,” she says. “They won’t get HIV by hugging me. Children are dying because people aren’t helping. They need families like mine.”

To that end, in 2006 the Twietmeyers founded Project Hopeful

(projecthopeful.org), a nonprofit that, so far, has helped place orphans, many with HIV, with 180 families in the U.S. Shane and Diane Lewis, of Crown Point, Ill., worked with Project Hopeful to adopt four daughters, ages 6 to 8, who are all HIV positive. “Carolyn is always available with answers or encouragement,” says Shane. Adopting a child with serious medical needs, he adds, “is not easy. Your commitment will be tested, but it’s absolutely worth it.”

The Twietmeyers also feel the challenges. Kiel’s \$64,000 salary is stretched thin and Carolyn rises at 4 a.m. to prep meals and lesson plans. But the happiness, they say, far outweighs the costs. One evening 12 of the kids stage a break-dance contest in the family room. Watching them collapse into a pile of giggles and shrieks, Carolyn catches Kiel’s eye and smiles. “We’re not wealthy,” she says. “But we feel rich.” ●

## COMING TO AMERICA

For orphans with HIV, finding adoptive parents is hard enough. Coming home to immediate medical attention shouldn’t be another hurdle. But a 1993 law required foreign adoptees with HIV to wait 3 to 9 months to enter the U.S. (The time was for both countries to process the parents’ proof of insurance and a pediatrician, and a signed vow to educate their child about the disease.) But with new antiretroviral drugs in the U.S., delays became “the difference between life and death,” says Dr. Kenneth Alexander. In 2007 the Twietmeyers’ Project Hopeful helped reduce the wait to 10 days; in January it was waived entirely. Here, child fatalities from HIV have virtually ended. Says Alexander: “These kids are doing so well.”

**DEC. 1 IS WORLD AIDS DAY** 2.1 MILLION CHILDREN ARE LIVING WITH HIV. FOR MORE INFORMATION SEE [WORLD AIDS DAY.ORG](http://WORLD AIDS DAY.ORG)



## MailBag

“William and Kate are a breath of fresh air in a world that could really use a bit of true romance” Sunny Kreis Collins Palm Desert, Calif.

### KATE MIDDLETON

The cover photo of this issue confirms that Kate Middleton will truly be “a perfect princess.” What’s more, all the great pictures of Kate in her fashionable outfits reminded me so much of Princess Diana. William’s fiancée has the same grace and style as his mother had. Here’s wishing Kate and William all the luck in the world. I can’t wait to watch their wedding on television.

**Raquel Boujo** via e-mail

I am as excited for William and Kate as anyone, but it’s not because I am looking forward to watching a fairy-tale wedding on TV. Rather, it’s refreshing to see a couple wait until they completely know one another and are ready to make

such an important commitment before marrying. The fact that they have been under so much pressure to wed since they first began their courtship makes it even more impressive that they are following their own timetable. It looks like this is a marriage that will last.

**Melissa Fite** Pittsburg, Kans.

Although I am very happy for Prince William and Kate and wish them all the best for their future, I for one do not want to see them on every magazine cover from here on out. Yes, this is big news, but let’s give the couple some space and the rest of us a break from reading everything about their lives.

**Melissa Bard** Berwick, N.S.

### CHYNNA PHILLIPS

I want to thank Ms. Phillips for speaking out about how anxiety can literally paralyze a person, because this happened to me. I tried to cure myself, but it wasn’t until I checked into an inpatient facility

that I realized how bad off I really was. I am not cured, but I’m much better now, and the skills I learned during my treatment are still serving me well every day. Chynna’s story shows us this experience could happen to anyone.

**Sharon Parker** Glendale, Ariz.

### EMMA WATSON

Emma Watson has managed to excel in her studies while growing up in the most successful film franchise of all time. Her journey is a useful lesson in overcoming the pitfalls of child stardom. Emma is a wonderful role model for young girls.

**Emilie Yount** Chicago, Ill.

### SCOTT HAMILTON

Thank you for the great article on a man who is a true champion. Scott Hamilton has endured so many medical problems in his life, yet he keeps on smiling. Now he has lost some of his vision, but he keeps on going with spunk and dignity. He sets a good example for all of us.

**Beverly Unsworth** Stevensville, Ont.

Scott Hamilton is a class act. Having overcome his latest crisis, the former Olympian has shown himself to be a gold medal winner as a human being.

**Chris Henckel** Newcomb, Md.

**Correction** In our story “Misdiagnosed for Greed?” in the Dec. 6 issue, the city of Dearborn, Mich., was misspelled.

## UPDATE | A SHOW OF SUPPORT

Our story on the Twietmeyer family sparked an outpouring of interest from readers considering adopting HIV-positive children. Carolyn and Kiel Twietmeyer added to their brood of seven kids by welcoming into their suburban Chicago home six Ethiopian youngsters, two of them HIV-positive. The couple also started a nonprofit to assist people who might do likewise. Since our story, hits on the website ([projecthopeful.org](http://projecthopeful.org)) have skyrocketed from about 100 to more than 8,000 per day, and nearly 100 donations have been logged. Says Carolyn: “The article has made these kids real, not just statistics, and given them a voice—and that’s huge.”



## WRITE US

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